



# BIRTHWISE

TEACHING THE ART & SCIENCE OF MIDWIFERY  
SINCE 1994



# BIRTHWISE LOCATION

Birthwise is located in the small town of Bridgton, Maine. The campus is an hour west of Portland, Maine ( the state's urban hub, a port city on Casco Bay ) and half an hour east of the White Mountains in New Hampshire, a popular destination for hikers, climbers, skiers, and snowboarders.

The town is home to Shawnee Peak Ski Area, a ski resort ten minutes from campus. The greater Lakes Region – encompassing Bridgton, Naples, Casco, and Sebago – has numerous lakes and rivers and a vast network of public trails and beaches, including Sebago Lake State Park.

Downtown Bridgton is home to a thriving independent bookstore, a small collection of coffee shops, a movie theater, a drive-in theater, several restaurants, a Reny's department store, the Lakes Environmental Association, and the sprawling Pondicherry Park.









# THE BIRTHWISE MIDWIFERY PROGRAM

*Is designed to be completed in three years for the full-time student.*

*There are two arrangements of our program to choose from the Campus Option and the Community Option both of which are nearly identical in curriculum and award -the same certificate.*



## CAMPUS OPTION

Semester one begins the LAST WEEK OF APRIL

Classes meet 2-3 DAYS PER WEEK from 9am-4pm

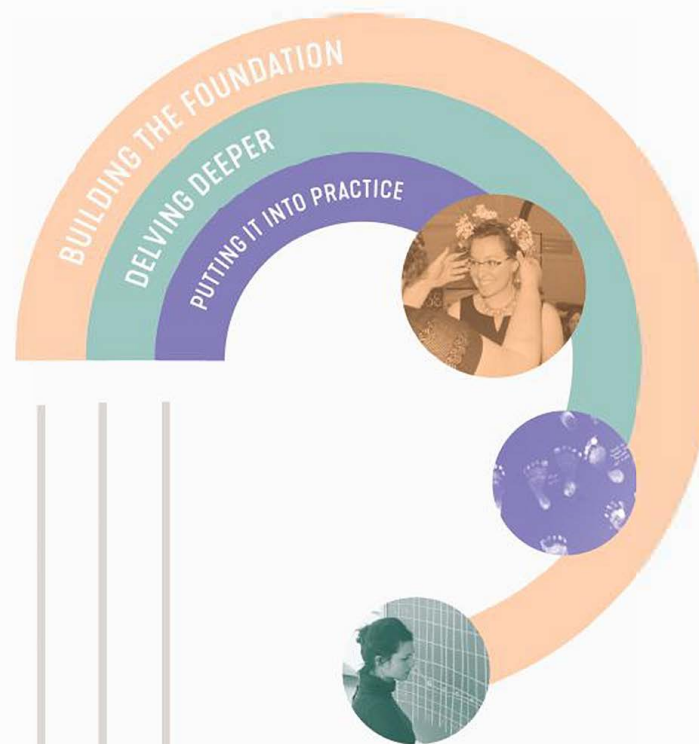
Students either MOVE TO THE BRIDGTON AREA at the start of the program or COMMUTE each week to classes from a location nearby.

HOMEWORK IS COMPLETED between classes that are held each week.

All ACADEMIC COURSES ARE COMPLETED after 3.5 of the 6 total semesters.

Students are placed in LOCAL CLINIC SITES for rotations in their 2nd and 3rd semesters. THE BIRTH HOUSE on the Birthwise campus is one of these sites.

Required clinical experiences (PRECEPTORSHIP) are achieved primarily after coursework is complete.



### BUILDING THE FOUNDATION

OVERVIEW OF THE HUMAN BODY • NORMAL PRENATAL PHYSICAL ASSESSMENT • RESEARCH METHODS  
NORMAL LABOR AND BIRTH • MIDWIFERY & SOCIAL JUSTICE  
POST PARTUM • NORMAL NEWBORN • NUTRITION

### DELVING DEEPER

PROFESSIONAL MIDWIFERY • MENTAL HEALTH  
PRENATAL COMPLICATIONS • LABWORK  
COMPLICATIONS OF LABOR & BIRTH • PHARMACOLOGY  
NEWBORN COMPLICATIONS • BOTANICALS  
INDEPENDANT RESEARCH PROJECT

### PUTTING IT INTO PRACTICE

SKILLS PRACTICE  
CLINICAL ROTATIONS  
PRECEPTORSHIP

## COMMUNITY OPTION

Semester one begins in JULY

Intensive 2-week academic sessions occur 2-3 TIMES PER SEMESTER at our campus in Bridgton. Classes are held from 8:30am-5:00pm M-F during those sessions.

Students TRAVEL TO BRIDGTON for the 2-week sessions and RENT HOUSING in the area for those weeks.

ALL ACADEMIC COURSES ARE COMPLETED after 4.5 of the 6 total semesters.

Students are expected to identify a preceptor (MENTOR MIDWIFE) in their home community and begin working with them in the 2nd semester.

HOMEWORK FOR COURSES IS COMPLETED primarily at home between the sessions in Bridgton. This requires a lot of planning, discipline and self-motivation by the student.

TESTING sometimes occurs in the student's home community with an approved proctor.

# GRADUATE SUCCESS RATES {2015-17}



**NARM EXAM PASS RATE - 100%**

**WORKING AS MIDWIVES OR IN RELATED FIELD - 95%\***

We have graduates practicing all over the U.S. and Canada in home birth and birth center practices. The number of CPMs is increasing annually as is the number of births occurring outside the conventional hospital setting in the US.

## CONTACT INFORMATION

### BIRTHWISE MIDWIFERY SCHOOL

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GAINFUL EMPLOYMENT DISCLOSURES: [BIRTHWISEMIDWIFERY.EDU/DISCLOSURES/](http://BIRTHWISEMIDWIFERY.EDU/DISCLOSURES/)

\*MEAC PLACEMENT RATES FOR THE MOST RECENT YEAR