



BIRTHWISE MIDWIFERY SCHOOL

Teaching the Art & Science of Midwifery Since 1994

SCHEDULE OF COURSES – Fall 2020

PLEASE NOTE: COMMUNITY CLASSES ARE DESIGNATED WITH AN 'A' AFTER THE COURSE #

Standard courses: 2020 CAMPUS

Course #	Name	Credit
113	OHB Part 2	1.8
115	Physical Assessment	1.6
145	Midwifery & Social Justice 1	1.2
200	Postpartum	1.6
207	Professional Midwifery 2	1.0
220	Prenatal Complications	4.0
226	Introduction to Lactation	0.8
236	Skills Practice 2	1.6
240	Water Birth Seminar	0.3
250	Mental Health	1.0
260	Clinical Rotation 1	2.0
307	BLS for Healthcare Providers	0.2
313	Public Health Issues	0.8
E150	Writing for Midwives*	0.5
PE 2	Periodic Exam 2	0.0

Standard courses: 2020 COMMUNITY

Course #	Name	Credit
100A	Orientation	0.8
108A	Histories of Midwifery	1.2
112A	OHB Part 1	2.2
120A	Normal Prenatal	3.0
125A	Normal Labor and Birth	3.2
135A	Skills Practice 1	1.0
143A	Professional Midwifery 1	1.0
307A	BLS for Healthcare Providers	0.2
E150	Writing for Midwives*	0.5
PE 1A	Periodic Exam 1	0.0
P-5	Preceptorship	5.0

Standard courses: 2019 CAMPUS

Course #	Name	Credit
COV 115	Physical Assessment	1.6
COV 235	Skills Practice 2	1.7
201	Midwifery and Social Justice 2	1.2
205	Normal Newborn	2.0
210	Therapeutic Nutrition	1.6
305	Newborn Complications	1.6
312	Well Body	2.0
320	VBAC/Cesarean Seminar	0.6
323	Transfer of Care and Hospital Birth Seminar	0.4
325	Comp of Labor and Birth	4.0
334	Professional Midwifery 3	1.2
336	Skills Practice 3 (+NRP)	1.8
341	Homeopathy for Midwives	0.8
349	Independent Research Info	0.0
353	Suturing Workshop	0.4
360	Clinical Rotation 2	2.0
PE 3	Periodic Exam 3	0.0

Standard courses: 2019 COMMUNITY

Course #	Name	Credit
201A	Midwifery and Social Justice 2	1.2
205A	Normal Newborn	2.0
208A	NRP Certification	0.4
210A	Therapeutic Nutrition	1.6
215A	Whole Foods Nutrition	0.8
305A	Newborn Complications	1.6
325A	Complications of Labor and Birth	4.0
330A	Professional Midwifery 3	1.2
336A	Skills Practice 3 (+NRP)	1.8
PE 3A	Periodic Exam 3	0.0
P-5	Preceptorship	5.0

Standard courses: 2018 CAMPUS

Course #	Name	Credit
P-17	Preceptorship 2	17

Standard courses: 2018 COMMUNITY

Course #	Name	Credit
COV 353A	Suturing Workshop	0.4
316A	Pharmacology	1.4
323A	Transfer of Care and Hospital Birth Seminar	0.4
355A	Birth Center Seminar	0.4
406A	Professional Midwifery 4	1.0
407A	Professional Midwifery 5	1.0
PE 5A	Periodic Exam 5	0.0
P-11	Preceptorship 4	11

***FOR STUDENTS TAKING PRECEPTORSHIP:**

Please complete your Preceptorship Credit Worksheet by June 20th. Once approved by Robin, use this information to complete the registration process. Please note changes from the standard course load could potentially affect your financial aid eligibility.

If you are unable to complete your Preceptorship Credit Worksheet in a timely manner, please register for your academic courses and contact Janessa (info@birthwisemidwifery.edu) once preceptorship credits have been approved.

ELECTIVE INFORMATION

Available electives are listed at the bottom of the list and are signified with the letter E before the course #. Below is information about each elective being offered:

PLEASE NOTE: Please register for the electives you would like to take. Electives may change due to Covid 19.

Course Name	Description	Date/Time	Credit Amt
Thriving Midwifery	In this class we will learn about how Mindfulness supports our ability to be Aware with Acceptance of any given moment. You will gain effective strategies to support both yourself and clients during moments of high tension. We will also address Boundaries and how both the identification and communication of will ensure you protect your time and energy so that you have the space to create all of the life you want, not just serve your clients. We will address secondary trauma; what it is, how to protect ourselves and how to heal when we are exposed. Lastly, we will discuss Connection and how to create it with our clients in a productive and supportive way. In short, this class will foster your ability to engage in both your career and life with greater Resilience.	9/12 9:00am-4:00pm	0.4
Domestic Violence Training	This will be geared toward healthcare providers: recognizing the signs of abuse, what to do if you suspect abuse, legal responsibilities, and resources available.	10/5 9:00am-4:00pm	0.4
Fertility Awareness &	Learn how to teach this method of fertility control to clients and how to use fertility charts to support clients	10/14 10/21	0.4



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Preconception Care	in their goals to achieve pregnancy, prevent pregnancy or to identify hormonal imbalances. Additionally, we will go over strategies for improving wellness in the perinatal period through preconception counseling.	10/28 4:30- 6:30pm	
Placenta Medicine (2 sections available)	Learn about “placentophagia”, Traditional Chinese Medicine “placenta caps,” and other uses for the placenta. This is a practical, hands-on class, and we will be working with placentas. You will leave with a skill and a recipe to be able to do this in your apprenticeships or practice. Other ways of preparing placentas for nourishment/medicine will be discussed.	Campus: 11/4 4:30- 7:30pm Community: 11/18 5:00- 8:00pm	0.2
Massage Techniques for Labor	This is a hands-on class that will instruct on basic massage techniques for labor. Special focus will be on relaxation inducing touch and pain relieving techniques for back labor.	11/7 9:00am- 1:00pm	0.3

PLEASE CONTACT JANESSA WITH ANY QUESTIONS

207-647-5968 ext 101

info@birthwisemidwifery.edu