



# BIRTHWISE MIDWIFERY SCHOOL

Teaching the Art & Science of Midwifery Since 1994

## Fall 2019 COMMUNITY Courses

### 2019 COMMUNITY Cohort (Semester 1)

Course	Book(s)
Orientation	<p><b><i>Birthing Justice: Black Women, Pregnancy and Childbirth</i></b>, edited by Julia Chinyere Oparah and Alicia D. Bonaparte</p> <p>Pick 2 of the following:</p> <ul style="list-style-type: none"> <li>• <b><i>Why Not Me? The Story of Gladys Milton, Midwife</i></b> by Wendy Bovard and Gladys Milton (A story of Gladys Milton, Grand Midwife from Florida)</li> <li>• <b><i>Midwife: A Calling, Memoirs of an Urban Midwife</i></b> by Peggy Vincent, CNM</li> <li>• <b><i>Motherwit: An Alabama Midwife's Story</i></b> by Onnie Lee Logan as told to Katherine Clark (A story of Onnie Lee Logan, Grand midwife from Alabama)</li> <li>• <b><i>Labor of Love: A Midwife Memoir</i></b> by Cara Muhlhahn (A Midwife's story in NYC)</li> <li>• <b><i>A Midwife's Story</i></b> by Penny Armstrong. (A midwife's story in Amish country)</li> <li>• <b><i>Lady's Hands, Lion's Heart</i></b> by Carol Leonard (A memoir of Carol Leonard's years as a midwife in New Hampshire)</li> <li>• <b><i>Listen to Me Good</i></b> by Margaret Charles Smith and Linda Janet Holmes (A story of Margaret Charles Smith, a Grand midwife from Alabama)</li> <li>• <b><i>Farewell to the East End</i></b> by Jennifer Worth (Memoirs of the midwife featured in the TV series "Call the Midwife")</li> <li>• <b><i>Monique and the Mango Rains: Two Years With a Midwife in Mali</i></b> by Kris Holloway (A story of a Peace Corps volunteer's experience with a midwife in Mali, Africa)</li> </ul>
Historical Roots of the CPM	<ul style="list-style-type: none"> <li>• Cassidy, Tina. <u><i>Birth: The Surprising History of How We Are Born</i></u>. New York: Atlantic Monthly Press, 2006.**</li> <li>• Hutter Epstein, Randi. <u><i>Get Me Out: A History of Childbirth from the Garden of Eden to the Sperm Bank</i></u>. New York: WW Norton, 2010. **</li> <li>• Wertz, Dorothy, and Richard Wertz. <u><i>Living in: A History of Childbirth in America</i></u>. Yale University Press, 1989 **</li> </ul> <p>** Pick at least one</p>

	<p>Optional</p> <ul style="list-style-type: none"> <li>• Ehrenreich, Barabara and Deidre English. <u>Witches, Midwives, and Nurses: A History of Women Healers</u>. Brooklyn, NY: The Faculty Press, 1973</li> <li>• Goldsmith, Judith. <u>Childbirth Wisdom: From the World's Oldest Societies</u>. NY: Congdon &amp; Weed, 1984</li> <li>• Rooks, Judith Pence. <u>Midwifery and Childbirth in America</u>. Philadelphia: Temple University Press, 1997.</li> <li>• Schlinger, Hilary. Circle of Midwives. Ithaca, NY. Published by MANA, 1992.</li> <li>• Ulrich, Laurel Thatcher. <u>A Midwife's Tale: The Life of Martha Ballard Based on her Diary, 1785-1812</u>. New York: Alfred A. Knopf, 1990.</li> </ul>
OHB part 1	<ul style="list-style-type: none"> <li>• Marieb, Elain N. <u>Essentials of Human Anatomy and Physiology 12<sup>th</sup> or any recent Edition</u>. ISBN: 9780134395326</li> <li>• Blackburn, Susan. <u>Maternal, Fetal &amp; Neonatal Physiology. 5<sup>th</sup> edition</u> ISBN – 13: 978-0323569118</li> <li>• Macdonald, S. and Johnson, G. <u>Mayes' Midwifery: A Textbook for Midwives</u>. 15 ed. London: Bailliere Tindall, 2017 ISBN-13: 978-0702062117</li> <li>• Jordan, Engstrom, Marfell, Farley. <u>Prenatal and Postnatal Care: A Woman-Centered Approach. 2<sup>nd</sup> edition</u> ISBN: 9781119318347</li> </ul>
Normal Prenatal	<ul style="list-style-type: none"> <li>• Jordan, Engstrom, Marfell, Farley. <u>Prenatal and Postnatal Care: A Woman-Centered Approach. 2<sup>nd</sup> edition</u>. ISBN: 9781119318347</li> <li>• Blackburn, S. <u>Maternal, Fetal &amp; Neonatal Physiology – 5<sup>th</sup> edition</u>. ISBN – 13: 978-0323569118</li> <li>• Birthwise Skills Guide – 2019 Edition, Birthwise Midwifery School</li> <li>• King, Tekoa et al. <u>Varney's Midwifery, 6<sup>th</sup> Edition</u>. Sudbury, MA: Jones &amp; Bartlett, 2018. ISBN -13: 978-1284160215</li> </ul> <p>Optional</p> <ul style="list-style-type: none"> <li>• Frye, Anne. <u>Understanding Diagnostic Tests in the Childbearing Year, 7<sup>th</sup> Ed.</u> Portland, OR: Labrys Press, 2007. ISBN – 13: 978-1891145568</li> </ul>
Normal Labor and Birth	<ul style="list-style-type: none"> <li>• Boyle, Maureen. <u>Wound Healing in Midwifery</u>. Oxford: Radcliffe Medical Press, 2006. ISBN-13: 978-1857758221</li> <li>• Frye, Anne. <u>Holistic Midwifery Volume II: Care During Labor and Birth</u>. Portland, OR, Labrys Press, 2013. ISBN-13: 978-1891145674</li> <li>• Simkin, Penny. <u>The Birth Partner</u>. Boston: Harvard Press, 2018. Any Edition. ISBN-13: 978-1558329102</li> <li>• Simkin, Penny and Ancheta, Ruth. <u>The Labor Progress Handbook: Early Interventions to Prevent and Treat Dystocia, 4<sup>th</sup> ed.</u> Malden, MA: Blackwell Science, 2017. ISBN-13: 978-1119170464</li> <li>• King, Tekoa et al. <u>Varney's Midwifery, 6<sup>th</sup> Edition</u>. Sudbury, MA: Jones &amp; Bartlett, 2018. ISBN -13: 978-1284160215</li> </ul> <p>Optional</p> <ul style="list-style-type: none"> <li>• Creasy, R &amp; Resnik, R. <u>Maternal-Fetal Medicine: Principals and Practice</u>. 8<sup>th</sup> edition. Philadelphia: Saunders, 2018 ISBN-13: 978-0323479103</li> <li>• Enkin, Murray, et al. <u>A Guide to Effective Care in Pregnancy and Childbirth</u>. 3<sup>rd</sup> Edition. NY: Oxford University Press, 2000. ISBN-13: 978-0192631732</li> </ul>

	<ul style="list-style-type: none"> <li>• Frye, Anne. <u>Understanding Diagnostic Tests in the Childbearing Year, 7<sup>th</sup> Ed.</u> Portland, OR: Labrys Press, 2007. ISBN – 13: 978-1891145568</li> <li>• Frye, Anne. <u>Healing Passage: A Midwife’s Guide to the Care and Repair of the Tissues Involved in Birth, 6<sup>th</sup> Ed.</u> Portland, OR: Labrys Press, 2010 ISBN-13: 978-1891145582</li> <li>• Macdonald, S. and Johnson, G. <u>Mayes’ Midwifery: A Textbook for Midwives.</u> 15 ed. London: Bailliere Tindall, 2017 ISBN-13: 978-0702062117</li> <li>• Posner, G. et al. <u>Oxorn-Foote Human Labor and Birth, 6<sup>th</sup> ed.</u> Norwalk, CT: Appleton, Century, Crofts 2013. ISBN-13: 978-0071740289</li> </ul>
Skills 1	<ul style="list-style-type: none"> <li>• King, Tekoa et al. <u>Varney’s Midwifery, 6<sup>th</sup> Edition.</u> Sudbury, MA: Jones &amp; Bartlett, 2018. ISBN -13: 978-1284160215</li> <li>• Birthwise Midwifery Skills Guide</li> <li>• Birthwise Documentation Record</li> <li>• Birthwise Student Handbook</li> </ul>
Professional Midwifery 1	<ul style="list-style-type: none"> <li>• Foster, I and Lasser, J. <u>Professional Ethics in Midwifery Practice.</u> 2010 ISBN: 0763768804</li> </ul>
BLS for Healthcare providers	<ul style="list-style-type: none"> <li>• <u>BLS for Healthcare Providers Student Manual.</u> American Heart Association. ISBN-13: 978-1616690397</li> </ul>

### 2018 COMMUNITY Cohort (Semester 3)

Course	Book(s)
Therapeutic Nutrition	<ul style="list-style-type: none"> <li>• Smith, A.M, Collene, A.L &amp; Spees, C.K (2018). <u>Wardlaw’s Contemporary Nutrition: A Functional Approach 5<sup>th</sup> edition.</u> New York, NY: McGraw-Hill Education.</li> <li>• Nichols, L. (2018). <u>Real Food for Pregnancy</u> ISBN: 9780986295041</li> </ul>
Complications of L&B	<ul style="list-style-type: none"> <li>• Henderson, C and Macdonald, S. <u>Mayes’ Midwifery: A Textbook for Midwives.</u> 13 ed. London: Bailliere Tindall, 2004</li> <li>• Frye, Anne. <u>Holistic Midwifery Volume II: Care During Labor and Birth.</u> Portland, OR, Labrys Press, 2004 or 2013.</li> <li>• Davis, E. <u>Heart and Hands.</u> ISBN-13: 978-1607742432</li> <li>• Gruenberg, B. <u>Birth Emergency Skills Training.</u> ISBN – 13: 978-0979002069</li> <li>• Creasy, R &amp; Resnik, R. <u>Maternal-Fetal Medicine: Principals and Practice.</u> 7<sup>th</sup> edition. Philadelphia: Saunders, 2013</li> <li>• King, Tekoa et al. <u>Varney’s Midwifery, 6<sup>th</sup> Edition.</u> Sudbury, MA: Jones &amp; Bartlett, 2018.</li> <li>• Birthwise Midwifery Skills Guide</li> </ul> <p>Optional</p> <ul style="list-style-type: none"> <li>• Posner, G. et al. <u>Oxorn-Foote Human Labor and Birth, 6<sup>th</sup> ed.</u> Norwalk, CT: Appleton, Century, Crofts 2013. ISBN-13: 978-0071740289</li> </ul>

	<ul style="list-style-type: none"> <li>Walsh. <u>Midwifery, Community Based Care</u>. 2001. W.B. Saunders Company. ISBN-13: 978-0721647166</li> <li>Cunningham, F. et al. <u>Williams Obstetrics, 25<sup>th</sup> ed.</u> 2018. McGraw-Hill Education. ISBN-13: 978-1259644320</li> </ul>
Normal Newborn	<ul style="list-style-type: none"> <li>TBD</li> </ul>
Intro to NRP	<ul style="list-style-type: none"> <li>American Academy of Pediatrics. American Heart Association. <u>Textbook of Neonatal Resuscitation (NRP) 7<sup>th</sup> ed.</u> 2016. ISBN-13: 978-1610020244</li> </ul>
Skills 3	<ul style="list-style-type: none"> <li>Birthwise Midwifery School Skills Guide.</li> <li>American Academy of Pediatrics. American Heart Association. <u>Textbook of Neonatal Resuscitation (NRP) 7<sup>th</sup> ed.</u> 2016. ISBN-13: 978-1610020244</li> <li>Frye, Anne. <u>Holistic Midwifery Volume II: Care During Labor and Birth</u>. Portland, OR, Labrys Press, 2004 or 2013.</li> <li>King, Tekoa et al. <u>Varney's Midwifery</u>, 6<sup>th</sup> Edition. Sudbury, MA: Jones &amp; Bartlett, 2018. ISBN -13: 978-1284160215 (5<sup>th</sup> edition is ok)</li> </ul>
Midwifery & Social Justice 2	<ul style="list-style-type: none"> <li>TBD</li> </ul>

### 2017 COMMUNITY Cohort (Semester 6)

Course	Book(s)
Skills 5	<ul style="list-style-type: none"> <li>Birthwise Midwifery Skills Guide</li> </ul>
Botanicals	<ul style="list-style-type: none"> <li>Romm, A. <u>The Natural Pregnancy Book 3<sup>rd</sup> ed.</u> 2014 ISBN-13: 978-1607744481</li> </ul>
Pharmacology	<p>Required</p> <ul style="list-style-type: none"> <li>King, T.K., Brucker M.C. <u>Pharmacology for women's health. 2<sup>nd</sup> ed</u> 2015. Sudbury, MA: Jones and Bartlett ISBN-13: 978-1284057485</li> </ul> <p>Recommended</p> <ul style="list-style-type: none"> <li>Hale, T.W. <u>Hale's Medications and Mother's Milk 18<sup>th</sup> ed.</u> 2019. New York, NY: Springer Publishing Co. ISBN-13: 978-0826135582</li> <li>The e-Book Foundry. <u>Pharmacology Revealed</u>. Hamilton, ON: McMaster University Health Sciences. ** Especially useful for Canadian Students <a href="https://gumroad.com/l/bKaWp?recommended_by=liFs">https://gumroad.com/l/bKaWp?recommended_by=liFs</a></li> <li>Vallerand, A.H. &amp; Sanoski, C.A. <u>Davis's Drug Guide for Nurses 16<sup>th</sup> ed.</u> Philadelphia, PA: F.A. Davis ISBN-13: 978-0803669451</li> <li>Lippincott Williams &amp; Wilkins <u>Nursing2019 drug handbook 39<sup>th</sup> ed.</u> 2019 Walters Kluwer. ISBN-13: 978-1496384072</li> </ul>
Hospital Birth	<ul style="list-style-type: none"> <li>TBD</li> </ul>

MWSJ 4	<ul style="list-style-type: none"><li>• TBD</li></ul>
Birth Center Seminar	<ul style="list-style-type: none"><li>• TBD</li></ul>
Professional Midwifery 4	<ul style="list-style-type: none"><li>• No required textbook</li></ul>